

Learning Community

**The Four Stages of Conflict- Worksheet**

After discussing your conflict story with the group, complete the worksheet by answering the following questions:

Quadrant 1: *What were some of the triggers? for the young person? for staff?*

Quadrant 2: *Name any actions by youth or staff that escalated the conflict. What made the conflict worse?*

Quadrant 3: *If the incident escalated to a crisis, how did staff respond? Name specific actions and behaviors. If not a crisis, what did staff do to avoid a crisis?*

Quadrant 4: *Name any actions that took place post- conflict to address the incident.*

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| Quadrant 1: Trigger | Quadrant 2: Escalation |
| Quadrant 3: Crisis | Quadrant 4: Recovery |

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